

**Gloucester Cumberland Basketball Association
Wolverine Coaching Manual**



GCBA Mission Statement

The Gloucester Cumberland Basketball Association exists to provide the opportunity for youth to experience and enjoy community basketball.

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Wolverines Philosophy

The Wolverines program has been without a clear mandate/philosophy for many years now. With the emergence of new clubs and the consistency of well established ones, we believe that having clear philosophy is extremely important for the Wolverines program to retain our current players and attract new ones. The basketball landscape in this city and beyond is ever-changing due to coaching changes and player movement. Giving the Wolverines a defined philosophy and a defined style of play, we can now begin to promote this throughout the region and dissipate any ambiguity that may be out there.

We have a very experienced coaching core for the 2010-2011 season. We believe that this is an opportune time to implement a new philosophy that will define the Wolverines program for many years to come and re-establish the Wolverines as the best possible place for kids to learn the game and become the go-to-place for high-quality coaching.

Theory behind our new philosophy:

Many players in Ontario and particularly in Ottawa are severely deficient when it comes to individual skills. Clubs and coaches tend to focus an exorbitant amount of time of team concepts and strategies to win games. The heavy use of zones on defence has become the main reason that personal development has come to grinding halt. On Offense, young developing players are relegated to the perimeter where shooting percentages are low, and driving lanes are few. On Defence, players are stationed in a small area where they never develop how to play individual defence and work on lateral quickness.

Many coaches believe that teaching zones to young players is much easier than working on the more important personal development aspects of the game. A coach may increase their winning percentages with an overuse of zones and as a result, hundreds of players across the province can only play system basketball. When players move outside the comforts of a zone-based system, they quickly realize that they lack the individual skills on defence and creativity on offense to move forward in their basketball careers.

P2P Philosophy:

The goal of the 2010-2011 Wolverines program is to refrain from playing zone at all levels except at the Junior ages. With the no zone campaign, coaches must spend more time on teaching person to person (P2P) defence and all the technical aspects associated with it. Players and coaches that have difficulty with P2P will be forced to get better at playing it and teaching it. The Wolverines program will provide technical support for any coach that may need help with teaching P2P concepts via coaching recourses or team training sessions.

We understand that old habits die hard but it will take a group shift the focus back to where it matters; the players. Look no further than the Canadian hockey model to see how focusing early on individual development translates into dominance on the field of play.

Behavioural Guidelines – Coaches, Players and Parents

All GCBA Coaches, Players and Parents will adhere to the Ontario Basketball Associations fair play policy articulated below.

Fair Play Policy Statement

The cornerstone of Basketball Ontario's Fair Play Policy is a statement of Fair Play. It is distributed to all Basketball Ontario sanctioned programs and services through the use of large posters in facilities, the distribution of pamphlets to athletes and coaches and the implementation of the Fair Play Policy & Procedures.

Welcome to **FAIR PLAY!**

Enjoy the sport and the competition. **Cheer** as much as you want.

Verbal or **physical** abuse of fellow players, spectators, coaches or officials will not be tolerated!

We are here to have **fun** and **enjoy** ourselves. Please don't take the fun out of sports for others.

If you disregard our Policy, you will be asked to leave our **FAIR PLAY** facility.

In order to ensure that everyone understands the policy the following guidelines have been provided. Coaches, parents and players are all expected to sign a copy of their respective guideline to indicate their acceptance.

The team manager will be responsible for securing and maintaining the forms. In the event of any disciplinary proceedings the team manager will forward the relevant form to the Vice President of Competitive Operations.

Coaches' Behavioural Guidelines

Definition

It is a requirement for all Gloucester-Cumberland Basketball Association (GCBA) coaches to assume responsibility for their own conduct as well as that of all athletes, coaches and spectators under their jurisdiction.

Application

Violation of the Guidelines for Behaviour of Coaches will be dealt with in accordance with the GCBA and Basketball Ontario's Discipline Policies.

Actions

Coaches should always model mature behaviour consistent with the goals of the GCBA and Basketball Ontario's Guidelines for Behaviour:

- Be a **Leader**, a positive influence and role model.
- Reward effort, fair play and commitment.
- Recognize and respect the differences in your athletes.
- Demonstrate respect for all individuals involved in the game.
- Always consider the physical and emotional well being of the athletes.
- **Communicate** in a positive and rational manner.
- **Respect** and coach within the spirit of the game.
- Always attempt to contribute to the betterment of the game.

I HAVE READ AND UNDERSTAND THIS BEHAVIOURAL GUIDELINE. By signing this acknowledgement, I agree to conduct myself in accordance with these Guidelines for Behavior at all GCBA games, practices, tournaments and at all other events at which I represent the GCBA organization as a coach or other representative.

Name _____ Date _____

Parents Behavioural Guidelines

Definition

All Gloucester-Cumberland Basketball Association (GCBA) parents or guardians are responsible for proper conduct (their own and that of their guests) while attending or participating in all GCBA games, practices, tournaments or other events, no matter the role they have in the event.

Goal Statement

Anyone participating in the Gloucester Cumberland Basketball Association sanctioned events will be expected to adhere to the following Guidelines for Behavior supporting Basketball Ontario's Fair Play Policy:

Actions

Parents should always model mature behaviour consistent with the goals of the GCBA and Basketball Ontario's Guidelines for Behaviour supporting Basketball Ontario's Fair Play Policy:

- Remember that the athletes participate in sport for their enjoyment, not your own.
- Encourage them to participate, do not force them.
- Focus on their effort and performance rather winning or losing.
- Never ridicule or yell at a child or youth for making a mistake or losing a competition.
- Encourage them to play according to the rules.
- Appreciate good performances and skillful plays by ALL participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children and youth to do likewise.
- Respect the rights, dignity and worth of every young person.

Failure to adhere to these guidelines may result in disciplinary action in accordance with established GCBA Disciplinary Policies.

I HAVE READ AND UNDERSTAND THIS BEHAVIOURAL GUIDELINE. By signing this acknowledgement, I agree to conduct myself in accordance with these Guidelines for Behavior at all GCBA games, practices, tournaments and at all other events at which I am present as a GCBA parent.

Name1 _____ Date _____

Name2 _____ Date _____

Athlete's Behavioural Guidelines

Definition

Anyone who participates in an athletic activity is considered an athlete. It is expected that each athlete will compete to the best of his or her abilities at all times, keeping in mind the spirit of competition and of the game.

Goal Statement

Anyone participating in the Gloucester Cumberland Basketball Association sanctioned events will be expected to adhere to the following Guidelines for Behavior supporting Basketball Ontario's Fair Play Policy:

Actions

Always model mature behaviour consistent with that of Gloucester Cumberland Basketball Association's Guidelines for Behavior:

- **FAIR PLAY** is an athlete's first priority.
- Participate for the love and enjoyment of the game.
- Respect the efforts and accomplishments of your teammates and your opponents.
- Respect officials, coaches, spectators and event organizers.
- Respect the facility you visit or in which you play.
- Respect the rules of the game.

Failure to adhere to these guidelines may result in disciplinary action in accordance with established GCBA and Basketball Ontario's Discipline Policies.

I HAVE READ AND UNDERSTAND THIS BEHAVIOURAL GUIDELINE. By signing this acknowledgement, I agree to conduct myself in accordance with these Guidelines for Behavior at all GCBA games, practices, tournaments and at all other events at which I represent the GCBA organization as an athlete or other representative.

Name _____ Date _____

Phone Lists

Coaching Roster and Contacts

VP Competitive Operations –

Home:

Cell:

Fax: N/A

Email:

Director, Girls Operations	Director, Boys Operations
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Roster

Level	Coach	Level	Coach
Atom AA Girls (#1)		Atom AA Boys (#1)	
Atom A Girls (#2)		Atom A Boys (#2)	
Bantam AA Girls (#1)		Bantam AA Boys (#1)	
Bantam A Girls (#2)		Bantam A Boys (#2)	
Midget AA Girls (#1)		Midget AA Boys (#1)	
Midget A Girls (#2)		Midget A Boys (#2)	
Junior (u19) Girls (#1)		Junior U19 Boys (#1)	
Juvenile (u17) Girls (#2)		Juvenile U17 Boys	

GCBA Phone List

Position and Name	Home Phone	Work Phone	Email
President:			
VP Competitive:			
VP House League:			
VP Volunteers:			
Executive Director:			
Technical Director:			
Boys' Director:			
Girls' Director:			
Registrar:			
Facilities:			
GCBA Hotline			
Referee in Chief:			

GCBA Address: Suite #149 -5929L Jeanne D'Arc Blvd.
Orleans, Ontario
K1C 7K2

Who're You Gonna Call?

Problem or Question	Call:
Gym booking	Directors
Gym cancellation	Directors
Equipment needs for the team	Directors
Questions about how to book tournaments, form a team budget, order clothing	Directors
Disciplinary matters	VP Competitive
Coaching issues	VP Competitive
Player problems	VP Competitive
Evaluation forms	Directors
Returning uniforms and team equipment	Directors
Technical assistance	VP Competitive and Technical Director
Playing time issues (after coach has addressed this)	VP Competitive
Team selection complaints	VP Competitive
Tournaments	Tournament Directors and VP Competitive
Assistance on forming a season plan or practice plan	VP Competitive and Technical Director
Questions on Provincials	Directors and VP Competitive

Handy Sources of information

www.basketball.on.ca

www.gcba.ca

www.coachesclipboard.net

www.bbhighway.com

Time Tables

Wolverines/Competitive Program Plot

September

- Tryout #1 Girls
- Tryout #1 Boys
- Tryout #2 Boys
- Tryout #2 Girls
- Sanction applications to OBA for 3 tournaments
- Posting of tournament applications on GCBA website
- Tryouts 3 (and 4 if necessary) Boys and Girls
- All Rosters due

October

- Season plans and budgets due
- Manager names to be submitted
- Tournament Directors named
- Uniform distribution
- Second marketing blitz for all three tournaments
- All teams submit names for tournament reps
- Posting of tournament contact information on OBA website
- Approval of Season plans and budgets
- Parent meetings
- Practices begin
- ? – Tech I
- ? – First clothing order due
- ? – First Tournament Meeting, Mike O'Connor
- ? – Tech II

November

- First Tournament Meeting, Junior Boys
- Second Tournament Meeting, Mike O'Connor
- Second clothing order due

December

- Second Tournament Meeting, Junior Boys
- written and verbal evaluation sessions with all players
- Last practice before Christmas
- Third Tournament Meeting, Mike O'Connor

January

- Third Tournament Meeting, Junior Boys
- Teams finalize Provincials applications

- Fourth Tournament Meeting, Mike O'Connor
- First Tournament Meeting, Senior Boys

February

- Final organizing meeting, Mike O'Connor
- Fourth Tournament Meeting, Junior Boys
- Mike O'Connor Tournament supplies pickup night
- Mike O'Connor tournament
- Second Tournament Meeting, Senior Boys
- Final organizing meeting, Junior Boys
- Junior Boys supplies pickup night
- Junior Boys tournament

March

- March Break
- Final organizing meeting, Senior Boys
- Supplies pickup night for Senior Boys Tournament

Provincials

AGE CATEGORY	DATE	LOCATIONS**
U10 Novice Girls		
U11 Atom Girls		
U12 Major Atom Girls		
U10 Novice Boys		
U11 Atom Boys		
U12 Major Atom Boys		
U13 Bantam Girls		
U14 Major Bantam Girls		
U13 Bantam Boys		
U14 Major Bantam Boys		
U15 Midget Girls		
U16 Major Midget Girls		
U17 Juvenile Girls		
U19 Junior Girls		
U15 Midget Boys		
U16 Major Midget Boys		
U17 Juvenile Boys		
U19 Junior Boys		

Pre-Season Checklist

Item	Due Date	Report to
Preferred practice nights	Preseason Coaches Meeting	VP Competitive
Preference on sign in: ##'s on leg, pinnies, etc	Before Tryouts	VP Competitive
Personnel for tryouts (drills, other evaluators)	Before Tryouts	VP Competitive
Assistant Coaches	Before first practice	VP Competitive – with completed paper form
Police checks	ASAP	VP Competitive
Season Plans	2 nd week of practices	VP Competitive
Season budgets	3 rd week of practices	VP Competitive
Team Manager	3 rd week of practices	VP Competitive, boys Director, Girls Director

Reports:

Players are to receive two evaluation reports during the season. The first is mid-season – just before or after the Christmas break; the second is at the end of the season.

Here are guidelines for evaluation reports:

- Evaluations should be one-on-one and include both an in-person meeting with the player, as well as written feedback
- Evaluations should include areas of improvement, areas where the player is doing particularly well
- Evaluations should include the opportunity for players to provide feedback and ask questions

Should issues arise from evaluations that need to be highlighted to parents, please ensure VP Competitive is also notified.

Playing Time

The following are playing time rules:

Junior Level

Players shall have a minimum of 6-8 minutes of playing time each game. Equal participation rules at Atom **must** be observed in all games.

Senior Level

Players shall have a minimum of 6 minutes of playing time each game over the course of a tournament or hosting.

Should a situation arise where a player cannot be provided with more than the minimum minutes of playing time per game, this must be discussed with the player at the Senior level, and with the player and parents at the Junior level. Such situations might be:

- Lack of attention or dedication in practice
- Behaviour on the bench
- Game situations

Above all, *communication* is absolutely essential on playing time. Ensure players understand your approach at the beginning of the season, and use opportunities throughout the season to reinforce your approach.

Examples of communications:

Team Communication

Listed below are several specific things that we will practice as a team for the remainder of the season.

1. The bench stands up and claps as their teammates come off the floor and to the bench regardless of whether it is a substitution or a time-out.
2. The bench should stand and cheer on baskets or good hustle plays.
3. Be positive on the floor and on the bench.
4. Sprint to the bench on time-outs.
5. Huddle on dead ball situations (foul-outs, freethrows, etc.).

Wolverine – Team Attitude Guidelines Communication

It is the goal of the Wolverines coaching staff to work with athletes and the team to help them grow, develop, and have a positive experience.

Game Situations

Players who come off the court in a substitution or time out situation that are not exuding positive behaviour due to frustration or any other reason should:

1. slap hands with team mates when coming off the court.
2. put themselves at the end of the bench to take a personal moment to collect themselves. Also athletes may do so at the request of the coaches.
3. once collected, rejoin the team to resume game focus and cheering for the team

If the negative behaviour continues as the athlete is experiencing difficulty collecting themselves then the coaching staff may decide to remove the player from the bench to a changeroom or other designated quiet area.

The issue will be addressed with coaches once the game is over and any information needed to be delivered to the team has been completed.

This set of guidelines also applies to negative behaviour on the bench simply occurring during a game.

Next step: if a player has needed to be removed from the bench a second time this may result in one or more of the following taking place:

1. a suspension from games and practices, number to be determined by coaches
2. an official report would be filed with the GCBA
3. player – coach meeting where the agenda will be to come up with a follow up plan to put in place to assist the player with their difficulty
4. meeting with the VP Competitive to discuss player obligations and commitment to the team.

Budget, Season Plan and Parents/Team Meetings

Team Budget and Season Plan

Season Plans and Team Budgets are due into the VP Comp **BEFORE** the first parents' meeting. Guidelines for developing your season plans:

- No more than 9 tournaments during the season for Senior level teams (includes Provincials and GCBA Wolverines tournaments)
- No more than 7 tournaments during the season for Junior level teams (includes Provincials and GCBA Wolverines tournaments). Try for 6 total at the Atom level.
- No tournaments the weekend immediately preceding Provincials.

Season Plans will consist of:

1. Tentative tournament schedule
2. Number of EOBA hostings and participation in EOBA play
3. Extra practices as appropriate
4. Out-of-gym training as appropriate (Senior levels only)

Season Plans will be shared with Team Managers, who will then draw up a tentative budget. These two items will be forwarded to the VP Competitive before the first parents meeting. Team budgets should reflect:

- Cost of tournaments
- Cost of Provincials, including player registration with Basketball Ontario
- Cost of social events for team
- Amount to be charged to parents for team fees
- Amount to be raised by fund-raising or other means – tentative details on fund-raising activities

Please remember that fund-raising is to cover the cost of running the team, and not designed as a money-making activity for parents.

Parent/Team Meeting

Managers Checklist

Explain GCBA Fees

Budget

- a) Other Costs - Additional Fees required
- b) Estimated Travel Costs

Volunteer Expectations (Hostings/Tournament)

Sponsorship Opportunities (Fundraising)

Travel Arrangements

- a) Who does What
- b) Options

Coaches Checklist

Practice Expectations

- a) Attendance
- b) Punctuality

Practice Philosophy - where is emphasis

Game/Tournament Expectations

Game/Tournament Philosophy

- a) ****Playing time minimums****
- b) Player readiness and focus

General Expectation

- a) Team Goals
- b) Individual Skill Development
- c) Personal Development

Police Checks

The GCBA will comply with the OBA Volunteer Screening Model which can be reviewed on the OBA web site and is a thorough process for vetting volunteers.

All coaches and assistant coaches in the GCBA Wolverines program must undergo a police check each season.

This can be done at the main police station in Orleans, or any other police station. There may be a cost that is to be reimbursed to you from the Team Budget.

Secret clearance from the Government of Canada does not constitute a police check.

Teachers with valid background checks completed within the past 6 months, or coaches of other sports or teams with valid background checks completed within the past 6 months, do not need to have a police check completed.

Tryouts

See the GCBA website for times and locations.

All players should report 15-30 minutes early to be registered and provide tryout fee. During the first tryout parents will be taken out of the gym at start plus 15 minutes for a brief meeting with the VP Competitive who will explain the program.

Tryout and Player Selection Guidelines

- All tryouts are comprised of a combination of individual skill and game situations to assess ability to play competitive basketball.
- Coaches are responsible for ensuring their evaluation and drills staffs are set for the entire tryout schedule. Please ensure your drill stations are well organized and meet with your evaluation and drill team ahead of time to go over your tryout plans.
- At the first tryout, the VP Competitive will give parents an explanation of expectations from them, and from their children, for participation in the competitive program.
- Upon team selection: There are 2 unregistered players per team permitted, except at Juvenile/Junior where the number permitted is 4. These players must live within the GCBA boundaries unless grandfathered out-of-boundary players except at Juvenile/Junior where 2 OB players are permitted. (Please see detailed policy).
- All players who sign up to tryout for competitive must be provided 2 tryout times unless there is a question of player safety. If the athlete can only attend 1 tryout they shall be evaluated based on the single appearance.
- All players must tryout for their appropriate age level.
- No request by a player, or his parents/guardians, will be entertained by the GCBA to tryout at a higher age level. Under exceptional circumstances a coach of a higher level team may make such a request to the VP Competitive, and only after conferring with evaluators of the higher level and all coaches concerned with a decision. This will be made in the best interests of the player, teams involved and the overall well being of the GCBA.
- AA Coaches must release enough players after the 2nd tryout to have a workable number for further evaluation.
- Contact all those released after the second tryout by telephone.
- Those players released after the 3rd and subsequent tryouts should be informed face to face.
- Any players wishing further clarification of the reason for release may request so in writing or email to the Wolverines Executive within 48 hours, and a verbal or written response will be provided in a subsequent 48 hour period.

- Assistant Coaches, if they are parents of a player trying out, may **ONLY** be chosen after their child has officially made the team. Non-parental Assistant Coaches may be chosen in advance of team selection, however, all Assistant Coaches must be ratified by the Executive prior to being formally named to the team.
- Managers will be selected only after the team is officially named.
- Coaches must verify all ages of players and place of residence with either the player, the Registrar or the Executive Director before officially naming their team.
- Final rosters for AA teams are due end of the third week of September.
- Final rosters for A teams are middle of the fourth week of September.
- Teams wishing to offer Affiliation to players can do so. Please inform/consult the VP Competitive.

Tryout Template for GCBA WOLVERINES

For use in a Two hour, 120 minute Format

Accum Time	Time Min.'s	Activities and Drills:
0:00	8 min	Warmup: Full-court Drill #1: 3 Minute Run Full-court Drill #2: Three man weave – full court
0:08	5 min	Team Stretching Routine:
0:13	2 min	Organize Stations
0:15	40 min	Station #1: Passing and Shooting(10 min): Drill #1: Lay-ups, right and left hand Drill #2: Shooting, right and left side
0:25		Station #2: Ball Handling (10 min): Drill #1: Drill #2:
0:35		Station #3: One-on-One competitive games (10 min): Rules: 30 secs or one basket, winner stays on, losers to back of line. Score wins, defence, attitude, ball-handling, hustle.....
0:45		Station #4: Rebounding(10 min): Drill #1: Drill #2:
0:55	2 min	Organize Three-on-Three games
0:57	24 min	Three-on-Three games (half-court): Rules: Divide the players into teams of three and have teams rotate through playing as many of the other teams in the time allotted. Games can either be timed or be played to a max number of points. Use 4 side baskets and have losing teams rotate. Score wins, defence, attitude, ball-handling, moving with and w/o ball, hustle.....
1:21	2 min	Organize 'Cross court' Scrimmages
1:23	30 min	Two 'Cross court' Scrimmages:

Rules: Randomly assigned players to squads by position and then teams rotate through playing as many of the other squads as possible.

1:53	5 min	Team Stretching Routine:
1:58	2 min	Announcements and Dismissal
2:00	120 min	

Evaluation Rubric

Remember: Age-Appropriate in scoring

5	4	3	2	1
Always/Consistently (age appropriate)	Frequently (age appropriate)	Often (age appropriate)	Sometimes (age appropriate)	Rarely (age appropriate)
<p>Stations:</p> <ol style="list-style-type: none"> 1. Layups nearly always scored and in proper form. 2. Passes always or consistently sharp and accurate; no fumbling. 3. Ball Handling: confident and smooth; the ball is not dropped or fumbled. 4. Rebounding: consistent use of boxout, aggressive to the ball, proper position at the basket, maximum height on jumps 	<p>Stations:</p> <ol style="list-style-type: none"> 1. Layups are mostly scored and usually in proper form. 2. Passes are usually sharp and accurate with little fumbling. 3. Ball Handling is usually smooth with minimal fumbling. 4. Rebounding includes good court position, adequate height on jumps, aggressive approach 	<p>Stations:</p> <ol style="list-style-type: none"> 1. Layups are scored at least 50% of the time and in mostly proper form. 2. Passes are accurate but not necessarily hard or sharp. There is some fumbling. 3. Ball Handling is well executed on basics but will require improvement on advanced moves. 4. Rebounding has good height and reasonable court position, aggressive approach 	<p>Stations:</p> <ol style="list-style-type: none"> 1. Layups are scored at least 50% of the time but form requires attention. 2. Passes are often accurate but not always. There is some fumbling. 3. Ball Handling includes basics only. 4. Rebounding has good effort and desire but lack of accuracy. 	<p>Stations:</p> <ol style="list-style-type: none"> 1. Layups do not score consistently and there is a lack of proper form. 2. Passes are not consistently accurate. 3. Ball Handling is inconsistent. 4. Rebounding lacks position and height.

5	4	3	2	1
Always/Consistently (age appropriate)	Frequently (age appropriate)	Often (age appropriate)	Sometimes (age appropriate)	Rarely (age appropriate)
Scrimmage: 1. Movements are smooth, confident, effective, fast and highly athletic. 2. Good footwork. 3. Solid defensive stance and execution. 4. Understands and executes transition on nearly all plays. 5. Highly defined court sense and vision; understands positional play and executes it 6. Positive attitude at all times and supportive of others efforts 7. Coachability – if	Scrimmage: 1. Evident degree of athleticism and moves easily through all aspects of the game; good speed. 2. Footwork is evident though not always on target. 3. Consistent and effective defense. 4. Understands and executes transition on most plays. 5. Has court sense and vision; reasonable idea of positional play and execution. 6. Mostly positive attitude and good support to others.	Scrimmage: 1. Movements are mostly smooth and effective, though some may need improvement, speed is good but not the fastest. 2. Footwork is inconsistent but evident. 3. Good understanding of defense and is effective most of the time. 4. Attempts to execute transition frequently. 5. Has some court sense and vision; often in proper position. 6. Positive but may	Scrimmage: 1. Movements are somewhat awkward through shows signs of potential. 2. Lack of footwork most of the time. 3. Understands defense but executes it less than 50%. 4. May not transition at all, or infrequently. 5. Lacks court sense and vision; managers proper positional play about half the time. 6. Shows signs of negative attitude. 7. Slowly learns new material. 8. May show lack	Scrimmage: 1. Movements are awkward and require development. 2. Does not show footwork in position. 3. Executes defensive moves less than 50% of the time. 4. Does not transition on very many plays. 5. No position play and lacks court sense and vision. 6. Attitude shows signs of negativity frequently. 7. Has trouble learning new material. 8. Shows lack of

<p>applicable – takes suggestions and implements easily, wants to learn</p> <p>8. Work ethic – consistent and solid effort, evident love of the game, keeps trying even when efforts fail</p>	<p>7. Understands and tries to execute new material.</p> <p>8. Strong work ethic.</p>	<p>show signs of negative reactions.</p> <p>7. Understands new material often but not always.</p> <p>8. Works hard but shows some inconsistent effort.</p>	<p>of desire from time to time.</p>	<p>desire frequently enough that it is easily noticed.</p>
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Policies and Procedures

House League Affiliation Program

The House League Affiliation Program was a pilot project undertaken by the Wolverines Competitive Program last season and it met with excellent success at some levels and mixed feelings at other.

The program was designed to give the final 2-3 releases from each level of the Wolverine program the opportunity to enhance their skills and to develop their game while continuing to participate in the House League. This opportunity is aimed primarily at either the A level or the AA level where only one team exists.

Wolverine Coaches at those levels, at their discretion, may offer their final 1-3 releases the opportunity to continue practicing with their team throughout the season. The objective is to afford more youngsters the chance to practice and possibly play at the competitive level and build in a safeguard for Wolverines teams in case roster players become injured or leave the team prior to the end of the season.

Each of the House League Affiliates is asked to attend one practice a week with their respective Wolverine team. If fortunate, they may be able to attend both practices if there is no conflict with their weekly House League practice session, however, availability for Wolverine practice nights will not be a criterion for placement on a House League team.

They may also wish to attend games and may sit on the bench in street clothes (at the Wolverine Coaches discretion) as long as they do not miss their House League game. These players will be registered with the OBA and be eligible to participate in the Provincials, which happens after the House League finishes, should a team's roster fall below 12.

Affiliates may play for Wolverines teams during the season if the team has regular players missing but only if the respective Wolverine teams roster compliment is less than **10** players and a game forfeiture is imminent.

If a Wolverine team has a serious roster problem and requires the services of the Affiliated player on an emergency basis, the Wolverine Coach must contact the VP Competitive who in turn would contact the House League coach in question to see if a special arrangement can be made. If the House League coach is not amenable to a last minute arrangement then the VP Competitive informs the Wolverine coach accordingly. There would be no further discussion in this regard and the player would not be apprised of any part of the conversation. This type of situation would happen very rarely if at all.

If the Affiliated player displays any conduct that is deemed detrimental to his House League team because of his affiliation status, this privilege will be removed. Note that all Affiliates will be apprised of this rule before the House League season commences. The

VP Competitive will be the only person communicating with the House League coaches if there is any need to communicate at all. The affiliated player's priority is his House League practice and game each week and if everything happens according to plan then there should be no questions or problems.

With respect to this season and the change in dates for registration, the affiliated player would not be added to the roster until the final cut-off date for additions and this would only happen pending any decisions concerning the Selects program.

Playing Up Process for Wolverine Players

Requests by a player, or his/her parents/guardians, for permission to try out at a higher age category will be entertained as long as the following guidelines are followed. It should be viewed as a rare instance to have athletes play up.

The method by which players may be identified for playing-up is based on being an outstanding player at their own age level and the initial evaluation of the coach at the very next higher level.

First, a request is made to the evaluators from the parent or athlete that they are interested in playing up. As all players must tryout at their appropriate age level for the first two tryouts, and, if they are identified as a top player, they could attend tryouts for the higher level team as well. Second, they would then need to be in the top third of the older age group following tryouts at that level. Then, if both criteria are met, it would need to be reviewed by the coaches involved and VP Competitive to decide if it is in the best interests of all involved. Other factors may be the folding of a team, many extra or too few athletes at one of the levels.

Coaches are asked to reduce their rosters to 16-17 players after the second tryout and then if they request a younger level player to attend the next tryout session, it will allow for a more realistic evaluation due to less numbers and better competition.

Under normal circumstances, Wolverine tryouts will consist of 4 evaluators (the two coaches of that level and two others, one of whom normally will be from the next age level or independents), therefore, every child will be afforded the best scenario for evaluation purposes.

If, following said request, the younger age player is found to be ranked within the top 5 players at the next higher level, then the GCBA Executive and VP Competitive will take the playing-up request into consideration and make a decision based on the best interests of the child, the teams involved and the overall well being of the GCBA program.

In cases where the OBA Bantam age split is in effect, it has been agreed that the 12 and 13 year olds are within the same age category and the Major Bantam coach has the mandate to select the best 12 players at that age grouping for the team. The VP competitive will be diligent in restricting all AA coaches from taking more than 2-3 first year players for their teams, and those players must be ranked in the top 7-8 (at a minimum) of all players who try out.

GCBA Discipline Process

Introduction

1. As with any organization involving competition, a process is required to guide all coaches, convenors, and administrators in the handling of difficult discipline situations. Unfortunately, in the heat of action, some individuals, players, coaches and even spectators, have difficulty in controlling their emotions. In the majority of cases, individuals can be counseled verbally and no formal disciplinary action need be taken. The process described in this document should be used in situations where informal counseling has failed.
2. For further amplification, reference can be made to Basketball Ontario's Discipline Policy and Procedures issued February 1998. In the case of conflict between this process and Basketball Ontario's policy, this process shall take precedence.

Application of Process

3. This process applies to:
 - a. all members of the GCBA including relatives and friends who attend a sanctioned GCBA event;
 - b. all GCBA sanctioned programs or services, including but not limited to, GCBA house league and competitive games and/or tournaments.

Definitions

Chain of Communication

4. The following chain of communication applies to the GCBA:

Coach → Convenor → Vice President (HL/Comp) → Discipline Committee
Executive

This chain should be used for all dealings within the GCBA, whether it is complaints, praise, suggestions etc. Certainly any form of correspondence should follow this path. In all cases, if an individual is unsatisfied by the decision rendered at any level, an appeal can be forwarded to the next level. Decisions made by the Executive are final and cannot be appealed.

Powers of Punishment

Individuals in positions of authority have certain maximum powers of punishment. These are defined as follows:

Coaches –	1 game suspension for a player.
Convenors –	3 game suspension for a player 2 game suspension for a coach
Vice President –	5 game suspension for a player 3 game suspension for a coach
Discipline Committee -	removal of a player, coach, convenor

Player Suspension

A House League player suspended from his team cannot sit on the team's bench during a game and cannot dress in uniform for that game. A Competitive player may be allowed to dress for his team but is not allowed to play. This is to accommodate for the Equal Participation rules that apply to House league. In the case of a Competitive player who falls under certain league participation rules, the coach may use his own discretion as to whether the suspended player is allowed to sit on the team bench for a game.

Coach suspension

When a coach is suspended he/she is not allowed to attend the game in any capacity, not even as a spectator.

Convenor suspension

When a convenor is suspended he/she is not allowed to attend the game in any capacity, not even as a spectator.

Discipline Committee

The Discipline Committee shall consist of the following (5) persons:

Chair (a member of Executive committee) 1 of Secretary /or Treasurer
GCBA

Members (4)

- Referee in Chief GCBA or a qualified referee representative
- VP House League /or VP Competitive (not previously involved in the mediation of the dispute)
- 2 members at large:

- ✓ A Convenor (not previously involved in the mediation of the dispute) and/or
- ✓ A coach (not previously involved in the mediation of the dispute) and /or
- ✓ A parent (not previously involved in the mediation of the dispute)

As shown in the process diagram, the Discipline Committee will decide whether a Discipline Hearing is required. A Hearing would be required in the case where witnesses are needed to clarify a situation or the person who is the subject of discipline wants to defend himself/herself.

Discipline Process

The discipline process depicted in the attached diagram is to be used most situations involving infractions that are of a serious nature. If a person is unsure as to whether a certain situation warrants the use of this process, he/she should discuss it with their respective VPs.

An infraction is an event which takes place within any of the facilities that the GCBA uses for games and practices and which should be recorded for historical purposes and possible punishment. Although it may seem minor at the outset, the repetition of certain infractions by one or more individuals could make it into a serious offence. Typical infractions are flagrant fouls, rowdy spectators, unsportsmanlike conduct, destruction of property etc. These events are to be recorded in an Incident Report, which would normally be generated by the convenor but can also be produced by a coach. Either way the convenor will ensure that all relevant information is entered such as records of conversations and decisions rendered.

Decision point. At this stage the convenor has to decide if it is within his powers to punish the infraction or if it needs to be passed on to the next level. Powers of punishment are described earlier in this document. If the convenor decides that he/she cannot hand out the punishment, he/she passes the report on the appropriate VP with a recommendation for punishment. It should be noted that a warning can be issued at this stage either verbally or in writing. The incident report will still be passed on to the VP for safekeeping.

Note: The process for competitive teams may be slightly different in that they may not have convenors. In those cases, the report would be passed to the VP Competitive or be generated by the VP Competitive.

Decision Point. The VP has the same decision to make that the convenor had with higher levels of punishment. He/she would make a recommendation for punishment if the decision is made to pass it on to the next level, the Executive level (Discipline Committee).

Decision point. The Discipline Committee will examine the facts and will decide whether a hearing needs to be convened. Usually this decision would be dependent on whether witnesses need to be interviewed. Hearings should occur only under exceptional circumstances. If no hearing is required, the Discipline Committee renders its decision. If a hearing is required, the Discipline Committee convenes it and a decision is rendered.

Appeals. Individuals or groups may appeal the decision of the Discipline Committee. In this case, the appeal would be passed directly to the Executive Committee for final review and decision.

All Incident Reports will be kept by the respective VPs except where decisions were made by the Discipline Committee. In the latter case, the Secretary of the Executive Committee will keep the reports.

